



# Team Rhino Gracie Jiu-Jitsu

## Monday

4:45	Advance Lil Rhino's Gracie Jiu-Jitsu (4-6)
5:30	Women's Only Adult Gracie Fundamentals Class
6:30	Tween Gracie Jiu-Jitsu (12-16)
7:30	Adult Gracie Jiu-Jitsu Basic Fundamentals
8:30	Adult Gracie Jiu-Jitsu Advance (Blue, Purple, Brown, Black Belts)

## Tuesday

9:30am	Adult Brazilian Jiu-Jitsu
5:00	Lil Rhinos Gracie Jiu-Jitsu (4-6)
5:30	Advance Lil Rhino's Gracie Jiu-Jitsu class (4- 6)
6:15	Kids Gracie Jiu-Jitsu (7-11)
7:15	Adult Gracie Jiu-Jitsu Basic Fundamentals
8:15	Adult Gracie Jiu-Jitsu Advance (Blue, Purple, Brown, Black Belts)

## Wednesday

5:30	Kids Gracie Jiu-Jitsu (7-11)
6:30	Tween Gracie Jiu-Jitsu (12-16)
7:30	Adult Gracie Jiu-Jitsu Basic Fundamentals
8:30	Adult Gracie Jiu-Jitsu Open Mat

## Thursday

5:00	Advance Lil Rhino's Gracie Jiu-Jitsu (4-6)
5:45	Lil Rhino's Gracie Jiu-Jitsu (4-6)
6:15	Kids Gracie Jiu-Jitsu (7-11)
7:15	Adult Gracie Jiu-Jitsu Basic Fundamentals
8:15	Adult Gracie Jiu-Jitsu Advance (Blue belt, Purple, Brow, Black Belts)

## Friday

5:00	Lil Rhinos Gracie Jiu-Jitsu (4-6)
5:30	Kids Gracie Jiu-Jitsu class (7-11)
6:30	Tween Gracie Jiu-Jitsu class (12-16)
7:30	Adult Gracie Jiu-Jitsu - Open Mat

## Saturday

8:30am	Women's Only Adult Gracie Fundamentals Class
9:30am	Adult Brazilian Jiu-Jitsu - Open mat

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